

Batch 7 — Spiritual Attack

Prayer 1: Prayer When You Feel Under Spiritual Attack

Category: Spiritual Attack

Primary Scripture Foundation (KJV): Ephesians 6:10–18; James 4:7–8; 1 Peter 5:8–9; 2 Corinthians 10:3–5; Luke 10:19–20; Romans 8:31–39; Colossians 2:13–15

This category needs the Kingdom framework especially carefully. Biblical warfare prayer is **not fear-centered, demon-centered, or built around giving Satan more attention than Christ**. We begin with Fatherhood, submit to God's government, stand in what Christ has accomplished, resist what is contrary to God, and remain obedient.

And we won't automatically label every difficulty, illness, conflict, intrusive thought, or bad circumstance a demonic attack. **Discernment comes before declaration.**

FULL PRAYER — KINGDOM STRUCTURE

1. RELATIONAL ACCESS — FATHERHOOD

Father, in the name of Jesus Christ, I come before You as Your child.

I come because I feel as though I am under attack.

There has been pressure.

Resistance.

Temptation.

Distraction.

Confusion.

And circumstances that have made me ask whether there is spiritual opposition against me.

But before I address anything opposing me, **I address You.**

You are my Father.

I belong to You.

I do not enter prayer trying to convince You to become involved.

I come because through Jesus Christ I already have access to You.

So I refuse to begin this prayer afraid of the enemy.

I begin conscious of **my Father**.

Before there is warfare, there is relationship.

Before resistance, there is submission.

Before authority, there is belonging.

I am Yours.

2. WORSHIP / HONOR

Father, You are Almighty God.

There is no rivalry between You and Satan.

He is not Your equal.

You alone are God.

You alone are sovereign.

You alone are worthy of worship.

Jesus Christ has already triumphed.

Your Word says that Christ:

“spoiled principalities and powers, he made a shew of them openly, triumphing over them in it.”

Therefore I do not fight trying to make Jesus victorious.

I stand because Jesus is victorious.

I magnify Christ above the conflict.

Christ above the temptation.

Christ above the fear.

Christ above every principality and power.

Christ above every name that is named.

I will not allow warfare to make the enemy the center of my attention.

Jesus remains the center.

3. KINGDOM ALIGNMENT

Father, let Your Kingdom come and Your will be done in me.

Before I resist the devil, I submit myself to You.

Your Word says:

“Submit yourselves therefore to God. Resist the devil, and he will flee from you.”

Submission comes first.

So search me.

If there is disobedience in my life, expose it.

If there is unrepented sin, convict me.

If I opened a door through compromise, show me what must close.

If something I am calling warfare is actually the consequence of an unwise decision, give me humility to correct the decision.

If exhaustion is affecting my mind, teach me to rest.

If anxiety is influencing how I interpret circumstances, bring me back to truth.

If a relationship problem requires a conversation rather than warfare language, give me wisdom to have the conversation.

I do not want to rebuke what I need to **repair**.

I do not want to bind what I need to **repent of**.

And I do not want to spiritualize what requires wisdom, responsibility, medical care, counseling, boundaries, or practical action.

Give me discernment.

4. PETITION — WITHIN ALIGNMENT

Father, strengthen me in the Lord and in the power of Your might.

Your Word tells me to put on the whole armour of God.

So establish me in truth.

Let the **belt of truth** expose every lie I have believed.

Guard me with the **breastplate of righteousness**—not self-righteousness, but a life aligned with You.

Let my feet be prepared with the **gospel of peace**.

Teach me to carry peace into environments where confusion wants to reign.

Give me the **shield of faith** to quench the fiery darts of the wicked.

When accusations come, let faith answer.

When fear comes, let faith answer.

When temptation comes, let faith answer.

When circumstances contradict what I hoped for, keep me anchored in Your character.

Place upon me the **helmet of salvation**.

Guard my mind with the truth of who I am in Christ.

And place in my hand the **sword of the Spirit, which is the word of God**.

Do not let me fight thoughts with more thoughts.

Teach me to answer lies with truth.

Father, strengthen my prayer life.

Keep me watchful.

Keep me sober.

Keep me alert.

5. FORGIVENESS / ALIGNMENT

Father, forgive me for every place where I have knowingly compromised.

Forgive me where anger became bitterness.

Forgive me where temptation became entertainment.

Forgive me where I knowingly remained around what repeatedly weakened me.

Forgive me where pride made me believe I could handle things You told me to flee.

Forgive me where I gave more attention to demons than to Jesus.

Forgive me where warfare language became a substitute for obedience.

And Father, I forgive those who have wronged me.

I refuse to turn human beings into my spiritual enemy.

Your Word says:

“For we wrestle not against flesh and blood.”

So I will not demonize people.

Where someone has harmed me, give me wisdom concerning forgiveness, justice, boundaries, reconciliation where appropriate, and distance where necessary.

But I refuse hatred.

6. PROTECTION / DELIVERANCE

Father, in the authority of Jesus Christ and under submission to Your will, I resist everything that is contrary to Your Kingdom.

I resist temptation.

I resist deception.

I resist accusation.

I resist fear.

I resist spiritual intimidation.

I resist every attempt to draw me away from obedience to Christ.

Where the enemy has gained influence through lies, expose the lie with truth.

Where temptation repeatedly approaches through a predictable doorway, give me wisdom to close access.

Where fear has magnified darkness, restore proper perspective.

Your Word says:

“Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour.”

So I will be vigilant.

But I will not be terrified.

I will be watchful without becoming obsessed.

Discerning without becoming suspicious of everything.

Spiritually alert without seeing demons behind every inconvenience.

Father, guard my home.

Guard my family.

Guard my mind.

Guard my decisions.

Guard my integrity.

And give me wisdom to recognize what truly requires spiritual resistance.

7. DECLARATION

I declare that **Jesus Christ is Lord**.

I belong to God.

I will not live intimidated by darkness.

I will not magnify Satan above Christ.

I will not allow fear to become my theology.

I declare:

“If God be for us, who can be against us?”

I will submit to God.

I will resist the devil.

I will stand in truth.

I will walk in righteousness.

I will carry peace.

I will lift the shield of faith.

I will guard my mind with salvation.

I will use the Word of God.

I will pray.

I will remain watchful.

And after I have done all—

I will stand.

Not because I am powerful by myself.

Not because I know impressive warfare language.

Not because I can shout louder than darkness.

I stand in the Lord and in the power of His might.

8. SEAL — REST & SURRENDER

Father, I place this battle into Your hands.

I refuse to finish warfare prayer more conscious of Satan than I was when I began.

So I turn my attention back toward You.

You are my Father.

Christ is my Savior.

The Holy Spirit is present.

Your Word is truth.

Your grace is sufficient.

Your Kingdom remains.

I will not spend tonight searching for demons.

I will not analyze every sound.

Every dream.

Every inconvenience.

Every difficult conversation.

Every unexpected problem.

I will walk in wisdom.

I will remain discerning.

But I will rest in God.

If there is something I need to confront spiritually, give me discernment.

If there is something practical I need to address, give me wisdom.

If there is something I need to repent of, give me humility.

If there is something I simply need to endure faithfully, give me strength.

And if fear itself has become the battle, let Your perfect love drive fear from its throne.

Father, I am Yours.

My confidence is not in my ability to fight.

My confidence is in Christ.

I submit myself to You.

I resist what opposes Your will.

And I stand.

In Jesus' name,

Amen.

QUICK PRAYER — WHEN YOU FEEL UNDER SPIRITUAL ATTACK

Father, in the name of Jesus Christ, I come before You because I feel under spiritual attack.

But before I address anything opposing me, I remember who You are.

You are my Father, and I belong to You.

Jesus Christ is Lord.

He has already triumphed over principalities and powers.

So I refuse to make the enemy the center of my attention.

Father, let Your Kingdom come and Your will be done in me.

Search me.

If there is sin, bring repentance.

If there is an unwise decision, give me wisdom to correct it.

If fear or exhaustion is distorting what I see, bring me back to truth.

And where there is genuine spiritual opposition, strengthen me to stand.

Clothe me with the whole armour of God.

Establish me in truth.

Guard me with righteousness.

Let me walk in peace.

Strengthen my faith.

Guard my mind with salvation.

And teach me to answer lies with Your Word.

I submit myself to God.

I resist the devil.

I resist temptation, deception, accusation, fear, and everything attempting to draw me away from obedience to Christ.

I declare that I will be watchful without being afraid.

Discerning without becoming obsessed.

I will not see demons behind every difficulty.

Jesus Christ will remain the center.

Father, guard my mind, my home, my family, my decisions, and my integrity.

Give me discernment for what is spiritual and wisdom for what is practical.

I belong to You.

My confidence is not in my ability to fight.

My confidence is in Christ.

In Jesus' name,

Amen.