

Batch 13 — Daily Prayer Rhythms

Prayer 1: When I Wake — A Morning Prayer to Give God the First Part of My Day

Category: Daily Prayer Rhythms

Primary Scripture Foundation (KJV): Psalm 5:1–3; Psalm 90:14; Psalm 118:24; Psalm 143:8–10; Proverbs 3:5–6; Matthew 6:9–13, 33–34; Mark 1:35; Lamentations 3:22–23

This final Round-One category is about **rhythm**.

These prayers are not primarily crisis prayers. They are prayers designed around ordinary moments that happen repeatedly: waking, beginning work, midday, transitioning home, and ending the day.

Prayer becomes more than something we reach for when life goes wrong.

It becomes part of **how we live**.

David said:

“My voice shalt thou hear in the morning, O LORD; in the morning will I direct my prayer unto thee...”

So before notifications, demands, schedules, problems, and responsibilities begin competing for our attention—

we begin with the Father.

FULL PRAYER — KINGDOM STRUCTURE

1. RELATIONAL ACCESS — BEFORE THE DAY GETS ME

Our Father which art in heaven,

I come before You in the name of Jesus Christ.

Father—

thank You for waking me.

My eyes opened again.

Breath is in my body.

Another day has been placed before me.

I do not want to treat that casually.

Your Word says:

“It is of the LORD'S mercies that we are not consumed, because his compassions fail not. They are new every morning...”

New morning.

New mercy.

So before the day gets my attention—

You have it.

Before I check everything happening in the world—

I remember the One who holds the world.

Before I hear everybody else's voice—

I want Your Word shaping mine.

Before I carry today's responsibilities—

I remember I am Your child.

Our Father.

2. WORSHIP / HONOR — HALLOWED BE THY NAME

Father, hallowed be Thy name.

You are God this morning.

You were God while I slept.

The world continued turning without my assistance.

And that reminds me:

I am not God.

I did not have to remain awake controlling everything.

You watched while I rested.

So I begin this morning with worship.

You are holy.

Faithful.

Good.

Merciful.

Wise.

Patient.

Righteous.

Thank You for life.

Thank You for breath.

Thank You for another opportunity to live faithfully.

Thank You for mercy that met me before I accomplished anything today.

3. KINGDOM ALIGNMENT — BEFORE MY AGENDA

Father,

“Thy kingdom come. Thy will be done...”

Before I tell You what I plan to do today—

I submit my plans to You.

I may have appointments.

Meetings.

Work.

School.

Ministry.

Family responsibilities.

Errands.

Creative work.

Decisions.

But my calendar is not King.

Jesus is.

So govern my schedule.

If something needs to change—

give me flexibility.

If something needs my attention—

help me notice.

If something can wait—

give me wisdom not to manufacture urgency.

If I have planned something contrary to Your will—

correct me.

Your Word says:

“Trust in the LORD with all thine heart; and lean not unto thine own understanding.”

So I acknowledge You in this day.

Direct my paths.

4. PETITION — GIVE US THIS DAY

Father,

“Give us this day our daily bread.”

Give me what is necessary **for today**.

Not imaginary strength for next month.

Today's strength.

Today's wisdom.

Today's patience.

Today's provision.

Today's grace.

Today's discipline.

Today's opportunities.

Father, provide for my household.

Give me wisdom concerning money.

Help me steward what is already in my hands.

Give me creativity for problems I need to solve.

Give me courage for conversations I need to have.

Give me patience with people.

And if today's provision comes through work—

give me strength to work faithfully.

If it comes through an opportunity—

give me wisdom to recognize it.

If someone else needs what You placed in my hand—

make me generous.

5. FORGIVENESS — DO NOT CARRY YESTERDAY INTO TODAY

Father,

I do not want yesterday's sin, anger, frustration, or disappointment governing today.

So search me.

Where I sinned—

I repent.

Where I spoke wrongly—

correct me.

Where I owe someone an apology—

give me humility.

Where I am holding bitterness—

help me release vengeance.

Where I failed yesterday—

teach me rather than allowing shame to paralyze me.

Yesterday is finished.

I cannot rewrite it.

But by Your grace—

I can obey You today.

And Father, where someone offended me yesterday, keep me from making them pay interest on an old debt today.

Give me clean hands and a clean heart as I enter this morning.

6. GUIDANCE — TEACH ME THE WAY I SHOULD WALK

Father, David prayed:

“Cause me to hear thy lovingkindness in the morning... cause me to know the way wherein I should walk...”

So show me the way I should walk today.

Not merely physically.

Morally.

Spiritually.

Relationally.

Show me when to speak.

When to listen.

When to move.

When to wait.

When to say yes.

When to say no.

When to confront.

When to overlook.

When to help.

When to step back.

Father, do not let me move so quickly through today that I miss wisdom.

7. PROTECTION — LEAD ME NOT INTO TEMPTATION

Father,

“Lead us not into temptation, but deliver us from evil.”

Protect me today.

Protect my mind.

My mouth.

My decisions.

My attention.

My body.

My household.

Protect me from temptation.

From unnecessary conflict.

From deception.

From foolish decisions.

From distractions that steal time from responsibilities.

From people who intentionally seek harm.

And Father, protect other people **from the worst parts of me**.

Do not let my stress become somebody else's wound.

Do not let my impatience become cruelty.

Do not let my authority become arrogance.

Do not let my bad morning become everybody else's bad day.

Make me safe to encounter today.

8. DECLARATION — THIS IS THE DAY

Father, Your Word says:

“This is the day which the LORD hath made; we will rejoice and be glad in it.”

So I receive **this day**.

Not the day I wish I had.

Not tomorrow.

Not yesterday.

This one.

There may be challenges.

There may be interruptions.

There may be unexpected news.

There may also be laughter.

Opportunity.

Provision.

Conversations.

Small blessings I could easily miss.

So I choose to become present.

I will not spend all of today worrying about tomorrow.

Jesus said:

“Take therefore no thought for the morrow...”

Tomorrow will arrive when it arrives.

Today has an assignment.

9. MISSION — LET ME REPRESENT CHRIST TODAY

Father, before I leave this prayer, remind me:

Someone may encounter Jesus today through the way I treat them.

So let my words carry grace.

Let my work demonstrate integrity.

Let my patience demonstrate maturity.

Let my generosity reveal Your heart.

Let my honesty remain intact when dishonesty would benefit me.

Let my behavior in private agree with my confession in public.

If I encounter someone hurting—

help me notice.

If someone needs encouragement—

give me words.

If someone needs practical help and I can provide it—

make me willing.

If an opportunity opens to speak about Christ—

give me courage without arrogance.

Today is not merely another day to survive.

It is another day to represent the King.

10. SEAL — I GIVE YOU THE DAY

Father, I give this day back to You.

My schedule.

My work.

My family.

My conversations.

My decisions.

My resources.

My body.

My thoughts.

My opportunities.

My disappointments.

My interruptions.

My unknowns.

I will plan—

but remain flexible.

I will work—

but remember I am not defined by productivity.

I will pray—

but also obey.

I will trust—

but also use wisdom.

I will serve—

but remember I am Your child before I am anyone's servant.

And tonight, when this day is finished, I want to be able to look back and say:

I walked with God today.

Not perfectly.

But consciously.

Dependently.

Faithfully.

So before everything else begins—

Father, You have the first part of my day.

Let Your Kingdom come.

Let Your will be done.

Give me daily bread.

Forgive me as I forgive.

Lead me away from temptation.

Deliver me from evil.

And let everything I do bring glory to Jesus Christ.

In Jesus' name,

Amen.

QUICK PRAYER — WHEN I WAKE

Father, in the name of Jesus Christ—

thank You for waking me.

Thank You for another morning.

Your mercies are new.

Before the day gets my attention—

You have it.

Hallowed be Thy name.

You are holy, faithful, good, and merciful.

Let Your Kingdom come and Your will be done in my life today.

I submit my schedule to You.

Direct my paths.

Give me today's bread—

today's strength,

today's wisdom,

today's provision,

today's patience,

and today's grace.

Forgive yesterday's sin and help me obey You today.

Show me the way I should walk.

Teach me when to speak, listen, move, wait, help, and step back.

Lead me not into temptation and deliver me from evil.

Protect my mind, mouth, decisions, household, and attention.

And Father, protect other people from my impatience, stress, and pride.

This is the day which the LORD hath made.

I receive this day.

I will not spend all of it worrying about tomorrow.

Help me represent Jesus faithfully.

Let my words carry grace.

Let my work demonstrate integrity.

Let my life honor Christ.

Father, I give You this day.

My schedule.

My family.

My work.

My decisions.

My unknowns.

Before everything else begins—

You have the first part of me.

In Jesus' name,

Amen.